

# MONICO®

MODULAR  
**CHAIR  
DESIGN**



**ORIGINAL**  
**STEIFENSAND** 

*Vom Sitzen besessen.*

# THE EASIEST WAY TO BETTER SITTING.

Nowadays, it is not easy for people to work in a sitting position. They are supposed to sit comfortably – and healthily. They are supposed to sit individually – and on chairs with a certain corporate design. They are supposed to sit on custom-made chairs – that should also be economical. Quite a few challenges for those who sit. And for those who provide office chairs. However, everything could be so easy. Managing directors Lothar Kroczek and Alexander Härtel about **MONICO®**, the new modular chair design by Original Steifensand.

**There are many different types of office chairs. With countless functionalities. What is so special about MONICO®, compared to other office chairs?**

**Lothar Kroczek:** First of all, **MONICO®** can do anything the customer expects from a high-quality office chair. And because it bears the Original Steifensand brand, **MONICO®** stands for quality „made in Germany“. It combines optimum functionality and a high level of innovation and profitability.

**Alexander Härtel:** **MONICO®** offers much more. Its sophisticated technology relieves the body and the head and keeps the user in motion. The design is distinctive and was created by Justus Kolberg, a furniture designer who is in demand throughout Europe.

**Lothar Kroczek:** Buyers and sellers alike will be pleased with the ingeniously simple modular design principle. Because the modular design is structured like a family. It is based on a central component: the unique backrest. All additional parts can be freely combined. Hence the name **MONICO®**. It is derived from modularity and the Spanish word for „uniqueness“.

**Can we breathe again, as sitting will be easier in the future?**

**Alexander Härtel:** Not sitting itself will be easier, but how a suitable office chair can be found will. So far, concepts for office chairs have been designed to cover individual wishes and requirements with countless versions of chairs. Normally, thick catalogs and folders have to be looked through. **MONICO®** on the other hand, focuses on orientation and safety.

**So MONICO® helps to find the perfect office chair quickly and easily?**

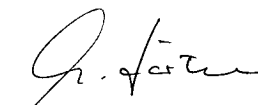
**Lothar Kroczek:** Correct. In every respect. **MONICO®** can be combined according to individual comfort requirements, economic criteria, or a combination of both. And it is precisely this flexibility that is the advantage of our modular design system. Anything is possible. Fast. In high quality. At a good price.

**Just what customers of Original Steifensand are used to ...**

**Alexander Härtel:** We would not be Original Steifensand if we did not have a special offer for our customers: As an included service, we show your employees how to use their office chairs correctly. Even if it combines the greatest technologies, an office chair is a good one only if its advantages can be used to the fullest.



Lothar Kroczek



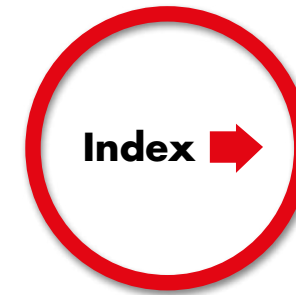
Alexander Härtel



The two managing directors

**Lothar Kroczek and Alexander Härtel:**

„In the future, it should be possible to immediately recognize an Original Steifensand as an original.“



<b>MONICO®</b> – the principle / the designer	p. 4-5
One chair for everyone	p. 6-7
<b>MONICO®</b>   Basic	p. 8-11
<b>MONICO®</b>   Comfort	p. 12-17
<b>MONICO®</b>   Executive	p. 18-21
<b>MONICO®</b>   Conference	p. 22-25
Equipment	p. 26-35
The possibilities	p. 36-37
History & commitment	p. 38
The ergonomics of sitting	p. 39
Colors and fabrics	p. 40-41
Configurator	p. 43



# MONICO®

## IT IS HARDER TO BUILD A GOOD CHAIR THAN A SKYSCRAPER.

*Ludwig Mies van der Rohe*

Justus Kolberg, a chair designer who is in demand throughout Europe, steps up to the challenge. Because chairs are his passion. His creative leitmotif: Simple, minimalistic, clean-cut. The ideal use of forms for a new range of office chairs, which shows the way to a suitable office chair as clearly as **MONICO®**.

**MONICO®** is distinctive. And this should be clearly visible. Because the office chair represents the brand Original Steifensand like no other product. **MONICO®** combines the best qualities of Original Steifensand: sophisticated technology, pure aesthetics and supportive sitting for any kind of requirement.

**MONICO®** is different. Especially concerning its back view. After all, a chair is rather defined by its backrest. Therefore, the designer Justus Kolberg focused on this component for **MONICO®**. The result: A distinctive component for the whole product family.

**MONICO®** is **MONICO®**. A Y-shaped brace – on request available with adjustable lumbar support – as well as a bent backrest give the entire product family its own identity. Its technical appearance, characterized by roundings and smooth transitions, is highly aesthetic.

## „INTWINED, NOT JUST SIDE BY SIDE.“

*Justus Kolberg*

The brace: It coalesces in the lower section, underlining the supporting and thus functional aspect of the office chair. Flexible in the upper section. Stable in the lower section.

The lumbar support: It is intended as an option and can be vertically height-adjusted at the brace. This works well with the backrest, which is bent backwards.

The interaction: The characteristic element, which consists of brace and support, has a technical look and feel to it and, at the same time, is very aesthetic due to its roundings. The component parts fit into each other perfectly.



Justus Kolberg, who was born in Schleswig in 1962, quickly built up his reputation as a designer. He owes his remarkable career to his intelligent designs, which he integrates in modern, technical architecture. Since 1997, he has been working as a freelance designer in cooperation with several companies. Justus Kolberg has won numerous awards – including seven „red Dot“ awards from „Design Centrum NRW“.

# MONICO®

## SIMPLY AT ONE GLANCE:



### MONICO®. The modular chair design system.

See it for yourself: Choosing an office chair can be very easy. A unique backrest, five components in not too many versions and a range of fabrics and colors: We do not need more for a good office chair in premium quality. And you do not need more for your decision.

# ONE CHAIR FOR EVERYONE.

## WHICH CHAIR IS YOUR CHAIR?

You do not know it yet? You will know it soon! Without having to browse thick catalogs. They are needless for choosing the right office chair. At least that is our opinion at Original Steifensand and the reason why we developed **MONICO**<sup>®</sup>. The modular chair design for everyone: for those who don't sit much, those who do and those who sit in the top ranks. A modular system that leads you directly to your office chair. What are you waiting for?



MONICO<sup>®</sup> | COMFORT

MONICO<sup>®</sup> | EXECUTIVE

MONICO<sup>®</sup> | BASIC

OS 976R 544 CR / OS 2780 564 CR / OS 2520 112 (left to right, see page 20, 16 and 10)





FOR ALL OF THOSE WHO SIT LESS.  
**BUT WANT MORE.**



## MONICO® | BASIC

Life has so much to offer. Nobody sits in their chair for long. If you do have to sit down after all – to take a break in between your adventures or to study, chat, surf the net, write or read – then you will sit more comfortably in a MONICO® chair by Original Steifensand. And you will do so for many years. Unless you get a new original before that because it fits your lifestyle even better.



**Your basic MONICO® could look this great ...**  
(Left: fabric group „Melbourne“, gray/black; right: fabric group „Melbourne“ anthracite;  
net backrest „Abu Dhabi“, red; see page 10)





- OS 2520 112**
- Net backrest, „Abu Dhabi“, 755 red
  - Black plastic brace
  - Comfort seat „C seat“, „Melbourne“, 347 anthracite
  - M1 easy synchronous mechanism with vernier adjustment
  - Standard plastic 5-star base, black



- OS 2325 122**
- Backrest padding, „Fame“, 482 black
  - Black plastic brace
  - Height-adjustable lumbar support
  - Comfort seat „C seat“, „Fame“, 482 black
  - M1 easy synchronous mechanism with vernier adjustment
  - Standard plastic 5-star base, black
  - Armrest S: Black plastic armrests, adjustable in height and width with PP arm pads



- OS 254V 144**
- Net backrest, „Abu Dhabi“, 756 blue
  - Polished aluminum brace
  - Comfort seat „C seat“, „Fame“, 489 gray
  - M2 multi synchronous mechanism with seat tilt adjustment, without seat depth adjustment
  - Standard 5-star base, polished aluminum
  - Armrests V: Armrests, adjustable in height and width with polished aluminum carriers and PP arm pads.



- OS 237H 122**
- Backrest padding, „Melbourne“, 322 gray/black
  - Black plastic brace
  - Height-adjustable lumbar support
  - Comfort seat „C seat“, „Melbourne“, 322 gray/black
  - M3 comfort synchronous mechanism without seat tilt/seat depth adjustment
  - Standard plastic 5-star base, black
  - Armrests H: Black plastic armrests, adjustable in height and width with soft PU arm pads

## MONICO® | BASIC



**OS 254V 144**  
(see page 10)





FOR ALL OF THOSE WHO SIT A LOT.  
**AND NEED COMFORT.**



## MONICO® | COMFORT

➔ **A long working day full of tasks and appointments.** Wouldn't you like to just sit such days out? To lean back at your desk? Then do it. In a **MONICO®** chair by Original Steifensand. It strengthens the back. And the neck. Even if you only dream about sitting it out and get to work.



**We bet you that you can hardly choose.**  
*(Left: fabric group „Paris“, ocher/ocher mottled; center: fabric group „Melbourne“, gray; net backrest, „Abu Dhabi“, red; right: fabric group „Paris“, light blue/light blue mottled; see page 14-16)*





- OS 235H 122**
- Backrest padding, „Miami“, 279 anthracite
  - Black plastic brace
  - Height-adjustable lumbar support
  - Comfort seat „C seat“, „Miami“, 279 anthracite
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Standard plastic 5-star base, black
  - Armrests H: Black plastic armrests, adjustable in height and width with soft PU arm pads



- OS 245X 122**
- Backrest padding, „Melbourne“, 327 red
  - Black plastic brace
  - Height-adjustable lumbar support
  - Membrane seat „M seat“, „Melbourne“, 327 red
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Standard plastic 5-star base, black
  - Armrests X: Tilttable armrests, adjustable in height, width and depth with black aluminum carriers and soft PU arm pads



- OS 275H 122**
- Backrest padding, rear side fabric „Paris“, 609 ocher mottled
  - Black plastic brace
  - Height-adjustable lumbar support
  - Comfort seat „C seat“, „Paris“, 608 ocher
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Standard plastic 5-star base, black
  - Armrests H: Black plastic armrests, adjustable in height and width with soft PU arm pads



- OS 285L 564 CR**
- Backrest padding, rear side fabric „Melbourne“, 320 black
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Melbourne“, 320 black
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests L: Armrests, adjustable in height and width with polished aluminum carriers and soft PU arm pads



- OS 255W 122**
- Net backrest, „Abu Dhabi“, 753 white
  - Black plastic brace
  - Lumbar support, adjustable in height and depth
  - Comfort seat „C seat“, „Paris“, 601 gray mottled
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Standard plastic 5-star base, black
  - Armrests W: Black plastic armrests, adjustable in height, width and depth with soft PU arm pads



- OS 265L 554 CR**
- Net backrest, „Abu Dhabi“, 755 red
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Melbourne“, 328 gray
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests L: Armrests, adjustable in height and width with polished aluminum carriers and soft PU arm pads



- OS 23AZ 164**
- Backrest padding, „Melbourne“, 328 gray
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Comfort seat „C seat“, „Melbourne“, 328 gray
  - M4 Seno synchronous mechanism
  - Standard 5-star base, polished aluminum
  - Armrests Z: Tilttable armrests, adjustable in height, width and depth with polished aluminum carriers and soft PU arm pads



- OS 249W 132**
- Backrest padding, „Paris“, 603 light blue mottled
  - Black plastic brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Paris“, 602 light blue
  - M3 comfort synchronous mechanism
  - Standard plastic 5-star base, black
  - Armrests W: Tilttable black plastic armrests, adjustable in height, width and depth with soft PU arm pads





- OS 25AR 554 CR**
- Net backrest, „Abu Dhabi“, 754 gray
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Comfort seat „C seat“, „Melbourne“, 320 black
  - M4 Seno synchronous mechanism
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests R: Polished aluminum ring armrests, inflexible



- OS 269H 122**
- Net backrest, „Abu Dhabi“, 755 red
  - Black plastic brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Melbourne“, 320 black
  - M3 comfort synchronous mechanism
  - Standard plastic 5-star base, black
  - Armrests H: Black plastic armrests, adjustable in height and width with soft PU arm pads



- OS 27BR 564 CR**
- Backrest padding, rear side fabric „Fame“, 486 blue
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Comfort seat „C seat“, „Fame“, 486 blue
  - M5 Senomatic
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests R: Polished aluminum ring armrests, inflexible



- OS 28BZ 154**
- Backrest padding, rear side fabric „Madrid“, 255 yellow
  - Polished aluminum brace
  - Height-adjustable lumbar support
  - Membrane seat „M seat“, „Madrid“, 255 yellow
  - M5 Senomatic
  - Standard 5-star base, polished aluminum
  - Armrests Z: Tilttable armrests, adjustable in height, width and depth with polished aluminum carriers and soft PU arm pads

**MONICO®** | COMFORT



**OS 25AR 554 CR**  
(see page 16)





FOR ALL OF THOSE WHO SIT IN THE TOP RANKS.  
**AND WANT TO BE IN A CLASS OF THEIR OWN.**



## MONICO® | EXECUTIVE

➔ **Versatile. Communicative. Flexible. This is the future working environment.** It gives you immense freedom for self-development, but also demands enormous commitment. So lean back and relax. Because: Whatever you have planned, you will find the necessary strength in a **MONICO®** chair by Original Steifensand. In addition to this, you will find support for your back, neck and head. In an especially aesthetic way. Simply a class of its own. Just like you.



**No matter if you are a male or a female manager – the most important thing is that you sit on a high-quality chair ...**  
*(Left: net backrest, „Abu Dhabi“, black; center: „Leather“ black; right: „Leather“ red; see page 20)*





- OS 976R 544 CR**
- Executive armchair, padded, „Leather“, 772 black
  - Polished aluminum brace
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests R: Polished aluminum ring armrests, inflexible



- OS 976B 544 CR**
- Executive armchair, padded, „Leather“, 772 black
  - Polished aluminum brace
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests B: Tiltable armrests, adjustable in height, width and depth with polished aluminum carriers and soft leather arm pads



- OS 445W 132**
- Backrest padding with headrest „Leather“, 777 red
  - Black plastic brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Leather“, 777 red
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Standard plastic 5-star base, black
  - Armrests W: Tiltable black plastic armrests, adjustable in height, width and depth with soft PU arm pads



- OS 465R 554 CR**
- Net backrest with headrest, „Abu Dhabi“, 752 black
  - Polished aluminum brace
  - Lumbar support, adjustable in height and depth
  - Membrane seat „M seat“, „Leather“, 772 black
  - M2 multi synchronous mechanism with seat tilt adjustment
  - Chrome gas spring
  - Standard 5-star base, polished aluminum
  - Castors with chrome ring
  - Armrests R: Polished aluminum ring armrests, inflexible

**MONICO®** | EXECUTIVE



**OS 976R 544 CR**  
(see page 20)



FOR ALL OF THOSE WHO LIKE **GOOD DESIGN**  
THAT SPEAKS FOR ITSELF.

**MONICO®** | CONFERENCE

➔ **Meeting, seminar, lecture or conference – whichever event you are inviting to:** Do your participants a favor and let them take a seat in an Original Steifensand **MONICO®**. After all, there is nothing that is more effective for the progression of your projects and your corporate image than meetings which all participants like to look back on. This way, you can be sure you will have their full attention next time as well.



**MONICO®** | CONFERENCE impresses with its extraordinary design. The distinctive armrest goes back around the lumbar region surrounding the backrest. A homogeneous combination that gives the chair its unique, timeless design.

*(„Leather“, black, see page 24)*





- OS 87CR 501**
- Padded conference armchair, „Leather“, 772 black
  - Padded seat „Leather“, 772 black
  - Conference mechanism CT 1
  - Chrome gas spring
  - Conference 4-star base, polished aluminum
  - Glides
  - Armrests R: Polished aluminum ring armrests, inflexible



- OS 25DR 541**
- Net backrest, „Abu Dhabi“, 752 black
  - Polished aluminum brace
  - Comfort seat „C seat“, inflexible, „Melbourne“, 320 black
  - M6 conference mechanism
  - Chrome gas spring
  - Conference 4-star base, polished aluminum
  - Glides
  - Armrests R: Polished aluminum ring armrests, inflexible



- OS 6200 070**
- Padded backrest, „Melbourne“, 327 red
  - Padded seat „Melbourne“, 327 red
  - 4-leg frame, black



- OS 7406 090**
- Net backrest, „Abu Dhabi“, 755 red
  - Padded seat „Melbourne“, 347 anthracite
  - Cantilever chair frame, chrome
  - Armrests

## MONICO® | CONFERENCE



**OS 25DR 541**  
(see page 24)

MONICO®

# EQUIPMENT

- ➔ BACKRESTS
- SEATS
- MECHANISM
- GAS SPRINGS
- BASES
- CASTORS
- ARMRESTS



# THE KEY COMPONENT: THE BACKREST.

## 7 versions

An office chair can be defined by its backrest. Visually appealing and above all functional. This makes the backrest the key component of **MONICO®**. With its Y-shaped brace, the adjustable lumbar support and a bent, flexible backrest, it embodies what Original Steifensand stands for: distinct aesthetics and sophisticated technology for individually supported and above all active-dynamic sitting.



Net backrest with plastic brace, optional with lumbar support



Executive backrest, padded chair with integrated head rest, front: padding (= fabric or leather), back: fabric or leather



Padded backrest with plastic brace, front: padding (= fabric or leather) including height-adjustable lumbar support



Padded backrest with aluminum brace, front: padding (= fabric or leather) including height-adjustable lumbar support



Net backrest with aluminum brace, optional with lumbar support

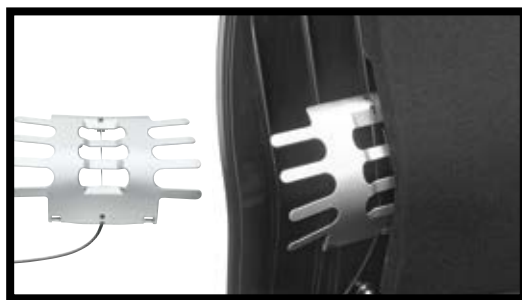


Upholstered fabric backrest with plastic brace, upholstered in the front (= fabric or leather), at the back, fabric or leather including height-adjustable lumbar support



Upholstered fabric backrest with aluminum brace, upholstered in the front (= fabric or leather) and at the back fabric or leather including height-adjustable lumbar support

## LUMBAR SUPPORT VERSIONS.



The optional **Schukra lumbar support** for padded backrests can be adjusted by hand wheel manually in height and depth to the optimal working or resting position. A height-adjustable lumbar support is integrated in each of the padded backrest series.



The lumbar support for net backrests can be height adjusted upwards by simply pushing it, or downwards by turning the hand wheel; this ensures good support when you are sitting.

## OPTIONAL WITH HEADREST.



For all models, the **standard headrest** is available as an option. It can be height-adjusted and tilted forwards and backwards.



The standard **executive headrest** is aesthetically integrated into the backrest and, due to its shape and function, forms a homogeneous unit.

## THE SEATS.

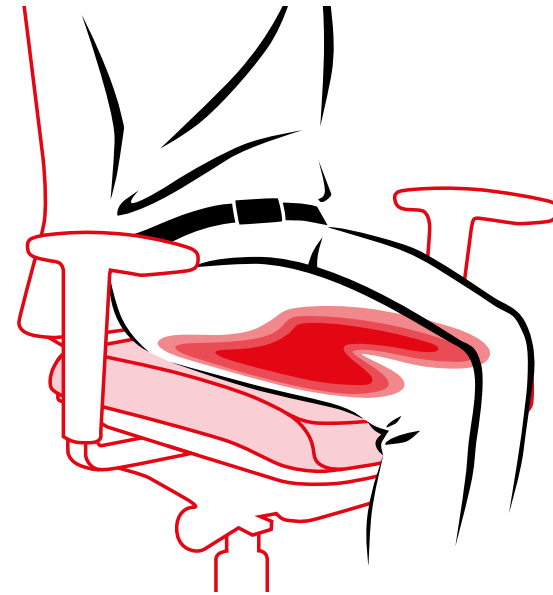
### 2 versions

#### The comfort seat „C seat“

Anyone who just wants to sit comfortably, makes a great choice with the proven comfort seat. The comfort seat, consisting of a closed plastic sheet with a molded foam element with rounded front, is comfortable and stabilizes the user in his sitting position.

#### The membrane seat „M seat“

An innovative membrane seat section with honeycomb technology supports particularly comfortable sitting on all **MONICO®** models. Molded foam elements in the seat ensure a soft sitting comfort. Thanks to the special honeycomb technology, an accurate pressure distribution can be guaranteed. The membrane seat can optimally adapt to the user's shape and keep him or her in a proper sitting position. The unique lower seat shell guarantees optimum air circulation.



Comfort seat section C seat



Membrane seat section M seat

Exclusively available only at Original Steifensand

## THE INSTRUCTION.

The most complex technology in an office chair is worth nothing, if the user can't handle the chair properly. Then, even a high-tech office chair just stays a simple chair. However, we think ahead – for our customers.

Therefore, our customers will find a small flyer with simple operating instructions delivered with every **MONICO®** chair by Original Steifensand. If the user wants to adjust his seat properly, the flyer is always close at hand. This makes it possible to fully use all advantages of the **MONICO®** chair. And to prove that it is not „just“ a chair.



## THE MECHANISMS.

Ergonomics for anyone who wants to sit dynamically and comfortably.





FIVE

MECHANISMS

1 CHAIR



**M1 Easy synchronous mechanism**  
The new universal mechanism (point synchronous) for price-conscious newcomers in the office chair sector. Easy to adapt and user friendly due to automatic weight setting with vernier adjustment.

**Versions:**  
1) with seat depth adjustment  
2) without seat depth adjustment

Adjust, sit, done. Recommended for price-conscious newcomers.

Adjust, sit, done. Recommended for price-conscious newcomers.

**M2 Multi synchronous mechanism**  
Perfectly supports every movement of people who sit a lot. Proven, comfortable mechanism (point synchronous) that can be adjusted quickly. Ideal for office chairs used by different people. 4 times lockable with safety release. Backrest pressure can be adjusted to a body weight between 45 kg and 120 kg in only 3 complete revolutions. Pre-selectable seat tilt adjustment (5°).

**Versions:**  
1) without seat depth adjustment  
2) with seat depth adjustment  
3) with seat depth adjustment, reinforced (with a reinforced spiral spring for body weight of 70 kg to 150 kg)

Comfortable and changeable. Ideal for changing users.

Comfortable and changeable. Ideal for changing users.

Seat tilt adjustment ST  
Standard for M2, optional für M3

**M3 Comfort synchronous mechanism**  
Proven for occasional use, but also for people who sit a lot and have high requirements concerning ergonomics. Linear motion (point synchronous). Constant counterpressure. 5 times lockable with safety release. At the side of the chair, the backrest pressure can be adjusted to a body weight of between 45 kg and 120 kg. Pre-selectable seat tilt adjustment (4°).

**Versions:**  
1) without seat depth/seat tilt adjustment  
2) with seat depth adjustment, without seat tilt adjustment  
3) with seat depth/seat tilt adjustment

Constant pressure, linear motion and best ergonomics.

Constant pressure, linear motion and best ergonomics.

**M4 Seno synchronous mechanism**  
Proven high-end mechanism (point synchronous). Best quality with special automatic seat tilt adjustment for demanding people who sit a lot. Fourfold lockable with safety release. At the side of the chair, the backrest pressure can be adjusted to a body weight of between 45 kg and 120 kg.

**Versions:**  
1) with seat depth adjustment and automatic seat tilt adjustment (6° forward)

**Limitation:**  
This mechanism is only available in combination with aluminum braces. (See page 28)

Best quality with maximum support for mobile people who sit a lot.

Best quality with maximum support for mobile people who sit a lot.

**M5 Senomatic**  
Senomatic (point synchronous) meets sophisticated requirements concerning ergonomics. Continuous support of motion sequences, due to automatic weight compensation. Backrest pressure automatically adapts to the weight of the user (between 45 kg and 120 kg). It can also be adjusted manually, if desired. The tilt angle of the backrest can be adjusted fivefold by turning the hand wheel until it locks into the front position.

**Versions:**  
1) with seat depth adjustment and automatic seat tilt adjustment (6° forward)

**Limitation:**  
This mechanism is only available in combination with aluminum braces. (See page 28)

100% ergonomics and high-end requirements to the point. In every position.



**Automatic seat tilt adjustment STA**

Incorrect sitting position

Sitting with automatic seat tilt adjustment (6° forward) – series for M4 and M5

THE GAS SPRINGS.

MONICO® is available in normal and extended heights, according to your body height. An important aspect when choosing the right chair: the suitable gas spring. Medium height gas springs are suitable for people with a body height of 1.92 m or taller. The shorter models are ideal for people with a body height of less than 1.60 m.

- 9 versions**
- Normal height, black
  - Normal height, chrome central column
  - Normal height, with deep spiral spring, black
  - Low sitting height, black
  - Medium height, black
  - Medium high chrome central column
  - High, black
  - High chrome central column
  - Retaining spindle, chrome



**INFO**

Of course, the seat depth adjustment is optionally available for all MONICO® models.



## THE STAR BASES.

### 7 versions

First-class sitting needs a strong base. Therefore, we offer diverse versions of extremely stable star bases for your **MONICO®** chair. Whether you choose a 4- or 5-star base, high or flat, made of plastic or aluminum, silver, black or polished – each and every design guarantees high stability. In addition to this, the bases are extremely robust.



Standard 5-star base  
Plastic, black



Standard 5-star base  
Aluminum, black



Standard 5-star base  
Aluminum, silver



Standard 5-star base  
Aluminum, polished



5-star base, flat (Ø 71 cm)  
Plastic, black



5-star base, flat (Ø 71 cm)  
Aluminum, polished



Conference 4-star base  
Aluminum, polished

## THE CASTORS.

### 5 versions

Your sitting comfort also depends on the ground your **MONICO®** chair stands on. Therefore you can choose the ideal castor according to your office floor. All castors are characterized by an optimum material composition, run smoothly and are suitable for all **MONICO®** models.



Castors for  
hard grounds



Castors for  
soft grounds



Glides



Castors with  
chrome ring



Castors with  
chrome plate

## THE ARMRESTS.

### 9 versions

The different armrests you can choose from are just as unique as your **MONICO®** chair itself. They are equipped with special arm pads, which we have manufactured especially for this purpose, and are thus very comfortable when placing the arm on it. Some of our arm pads impress with a characteristic surface structure. In addition to this, the new aluminum ring armrests shine in a distinctive design.



Adjustable in height, width and depth with soft PU arm pads  
**Armrest M:**  
Plastic carriers, black  
**Armrest Q:**  
Aluminum carriers, polished



Adjustable in height, width and depth, tiltable (4D), soft PU arm pads  
**Armrest W:**  
Plastic carriers, black  
**Armrest X:**  
Aluminum carriers, black  
**Armrest Y:**  
Aluminum carriers, silver  
**Armrest Z:**  
Aluminum carriers, polished



Adjustable in height and width with PP arm pads  
**Armrest S:**  
Plastic carriers, black  
**Armrest V:**  
Aluminum carriers, polished



Adjustable in height and width with soft PU arm pads  
**Armrest H:**  
Plastic carriers, black  
**Armrest L:**  
Aluminum carriers, polished



**Armrest E:**  
Ring armrest inflexible, PA (plastic) with aluminum carriers, width adjustable



**Armrest 7:**  
Ring armrest, plastic, adjustable in height and width with soft PU arm pads



**Armrest 5:**  
Tiltable armrest, adjustable in height, width and depth (360° - 4D), with soft PU arm pads and polished aluminum carriers



**Armrest R:**  
Ring armrest inflexible, polished aluminum



**Armrest B:**  
Tiltable armrest, adjustable in height, width and depth (4D), with soft leather arm pads and polished aluminum carriers.



# MONICO®

## ONE SYSTEM. ALL POSSIBILITIES.



## THE MATRIX.

**You would like to have your own MONICO® chair?  
Good decision.**

However, **THE MONICO®** chair does not exist. Only **YOUR MONICO®** chair exists. This is the advantage of our modular system. Just choose the components of your chair according to your wishes. Without restrictions or compromises. Without effort. No matter whether you choose the chair according to individual comfort requirements, economic aspects or both. The **MONICO®** chair leaves the choice to you in every respect.

Simply refer to our categories – Basic, Comfort, Executive or Conference, and add your individual preferences. Or just put your **MONICO®** chair together from scratch – from the backrest to the castor. We will support you in making the right choices.



[www.monico.de/konfigurator](http://www.monico.de/konfigurator)

# ORIGINAL STEIFENSAND. OBSESSED BY SITTING.

## Our story: A matter of the heart

Obsessed by sitting: Anyone who has heard of Original Steifensand knows that there is no other statement that could describe the medium-sized, owner-managed company any better. F.-Martin Steifensand founded the company at the end of the 1960s and made it known throughout the country by inventing the so-called „spinal disk chair“. The family business was successful and grew rapidly until it was sold to a Scandinavian group of companies at the beginning of the 1990s. Through a management buy-out, today's acting partners took the company with long-standing tradition over in 2001. It is a matter of the heart to make it a family business once again.

The legendary „spinal disk chair“ remained a part of the product range. A new family of chairs was developed: Mito. It caused a stir in the sector. With it, the company made another breakthrough. The enormous quantities were all hand-made. In the company's own production hall with integrated upholstery. And this is still done at the Original Steifensand premises. But on a larger scale – on a modern 17,000 square meter production area in Freystadt. However, our company still has a manageable size and, in our hearts, we are regionally anchored and find joy in our work. At Original Steifensand we believe in the greatness of our medium-sized company. Our customers also profit from this.

## Quality: Made in Germany

Original Steifensand office chairs are „made in Germany“. They are manufactured at our company headquarters in Freystadt – in accordance with the highest quality standards. Our suppliers know that as well. 90 percent of the processed parts come from Germany. A large number of parts even comes from partners in the region.

## The service: Fast and flexible

Original Steifensand has many years of experience in the production of office chairs. We continuously improve our products and develop new, trend-setting office chair concepts. We build and test our prototypes ourselves. Our customers profit from this know-how and from the resulting leeway directly. At Original Steifensand, we are even able to rapidly and flexibly meet individual requirements concerning your office chair.



# 5 TIPS FOR AN ERGONOMIC SITTING POSTURE:



1. **Learn to adjust your office chair correctly.**  
Get familiar with your ergonomic office chair. Only if you know its functions and are able to easily adjust it, your office chair will help you to find a perfect and healthy sitting posture during your everyday work.
2. **Adjust the height of table and chair correctly.**  
While sitting, your upper and lower arm, as well as your upper and lower leg, should form a right angle. Your feet should be firmly on the ground and your arms should lie loosely on the table. It is recommended to sit in a slightly tilted position in order to slightly straighten up the pelvis. By the way: If you sit on the front edge with strongly tilted thighs, you are not stable. Bending your knees in smaller angles affects blood circulation.
3. **Please use your whole office chair.**  
Make sure that backrest and seating surface of your office chair are ergonomically shaped and use them. The bulge of the backrest should support your back in the lower and middle part (lumbar spine). Adjust the backrest to your individual body size. In addition to this, please use the entire seating surface. It should support two thirds of your thighs.
4. **Sit in an upright position – with the help of your office chair.**  
If your pelvis is slightly tilted forward, you can avoid hyperkyphosis and ensure an upright sitting position. This has enormous advantages: Muscles and intervertebral disks are stressed equally. There is no pressure on the stomach. The legs are better supplied with blood. However, THE right sitting posture for sitting for hours on end does not exist. Therefore: Change your sitting posture regularly and stand up from time to time. This way, the back muscles stay in motion and the blood circulation is stimulated.
5. **Do not forget to stay in motion – even while sitting down.**  
Use your office chair's dynamic sitting function. Vary between different sitting positions (tilted forwards, upright, reclined). And let your backrest support you while sitting. This avoids one-sided strains of the spine. And it improves the blood circulation within the muscles of the intervertebral disks.



# MONICO<sup>®</sup>

## COLORS AND FABRICS.



ORIGINAL  
**STEIFENSAND**  
Vom Sitzen besessen.



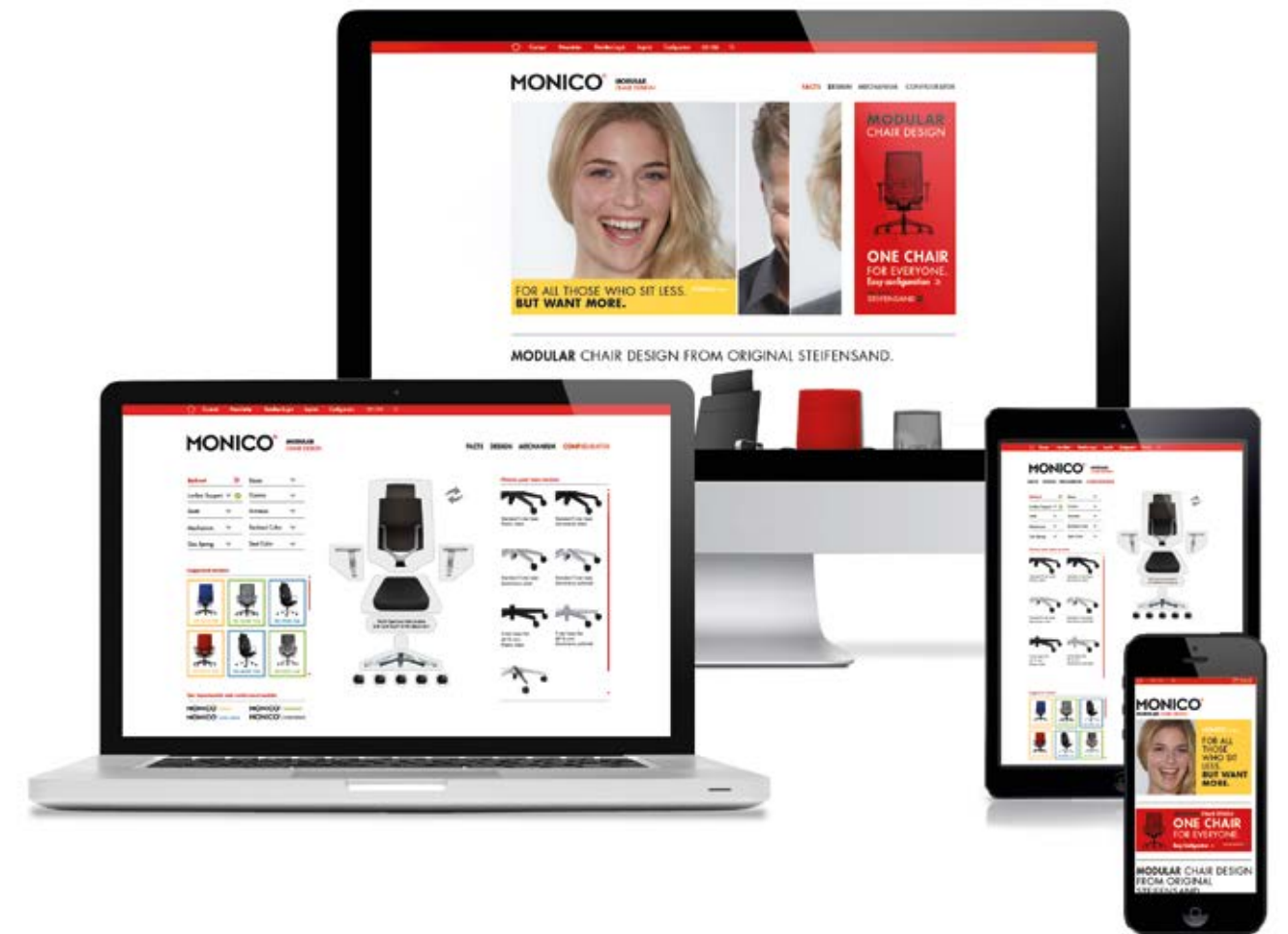


# MONICO®

## EASY CONFIGURATION.

Choose the individual components of your MONICO® chair by Original Steifensand even faster.

On the web or on your smartphone. Simply open the configurator at [www.monico.de/konfigurator](http://www.monico.de/konfigurator) and choose your components. Soon you will be sitting healthily – on your original chair.



[www.monico.de/konfigurator](http://www.monico.de/konfigurator)



# MONICO®



[www.monico.de](http://www.monico.de)

**Hotline**  
+49 (0) 9179-96 550



**MONICO®**  
Configurator



**ORIGINAL**  
**STEIFENSAND** 

*Vom Sitzen besessen.*

For more information on our products, please go to:

**F.-Martin Steifensand Büromöbel GmbH**

Thundorfer Str. 11 / D-92342 Freystadt-Rettelloh / Phone +49 (0) 9179-96 55-0 / Fax +49 (0) 9179-96 55-44  
mail@original-steifensand.de / www.original-steifensand.de / www.monico.de

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